



BOYS & GIRLS CLUBS
OF GREATER CONEJO VALLEY

Winter/Spring 2017
Conejo Valley Program Guide
Ages 3-14

THE CLUB

The Place To Be!



GREAT FUTURES START HERE.

GREAT FUTURES START **HERE.**



BOYS & GIRLS CLUBS
OF GREATER CONEJO VALLEY

The Boys & Girls Clubs of Greater Conejo Valley offers quality programs throughout the school year in education, the arts, health, sports, computer technology, and leadership. We have a total of 9 clubs located in Conejo Valley and Las Virgenes School Districts. Our seven middle school clubs are open after school daily until 6:30 pm. The morning schedules vary between locations. Our two elementary sites are open after school until 6:00 pm. Weekend activities are geared for ages 3 – 12 with a Sunday low-competitive Sports League.

MEMBERSHIP OPTIONS

MIDDLE SCHOOL CLUBS GRADES 5-8		
Programs	<ul style="list-style-type: none"> • Anderson Youth Center • Johnston Club • Morton Club 	• Notter Club
All Program Fee	\$225 / Month Before & After School	\$195 / Month Before & After School
Lunch Club Members may come during lunch to visit with friends, eat lunch & participate in games.	\$40 / Annually	\$40 / Annually
10-DAY PASS (Kids can try the Program or drop into the Club on an as-needed basis.)	\$175 / 10 Visits	\$175 / 10 Visits
Transportation	\$50 / Month	\$50 / Month



Club Locations

AC Stelle Club

AC Stelle Middle School campus
22450 Mulholland Highway
Calabasas, CA 91302 • Phone: 818-225-2406

Marion & John E. Anderson Youth Center

Los Cerritos Middle School campus
1980 E. Avenida de las Flores
Thousand Oaks, CA 91362 • Phone: 805-493-2917

Bay Laurel Club

Bay Laurel Elementary School campus
24740 Paseo Primario
Calabasas, CA 91302 • Phone: 818-225-8660

Linda & David Catlin Club

Lindero Canyon Middle School campus
5844 Larboard Lane
Agoura Hills, CA 91301 • Phone: 818-735-9518

Club Chaparral

Chaparral Elementary School campus
22601 Liberty Bell Road
Calabasas, CA 91302 • Phone: 818-224-3097

Cal & Marje Johnston Club

Colina Middle School campus
1450 E. Hillcrest Drive
Thousand Oaks, CA 91362 • Phone: 805-449-1309

Jacqueline & Albert “Bud” Marley Boys & Girls Club

Agoura Hills Calabasas Community Center
Serving AE Wright Middle School
27040 Malibu Hills Rd.
Agoura Hills, CA 91301 • Phone: 818-880-2993

John L. Notter Family Boys & Girls Club

Redwood Middle School campus
233 W. Gainsborough Road
Thousand Oaks, CA 91362 • Phone: 805-371-4045

Rocky & Lon Morton Club

Sequoia Middle School campus
2855 Borchard Road
Newbury Park, CA 91320 • Phone: 805-375-5635



MISSION STATEMENT

The mission of the Boys & Girls Clubs of Greater Conejo Valley is to enhance the lives of young people and their families by providing a positive environment that cultivates academic success, healthy lifestyles, good character and citizenship.

OUR AWARD-WINNING “YOUTH DEVELOPMENT STRATEGY”

We nurture strong citizens and future leaders through award-winning programs designed by the illustrious Boys & Girls Clubs of America (BGCA)! Newsweek calls BGCA “the model of a well-run national organization.”

FINANCIAL SCHOLARSHIPS

Financial scholarships are available for families who qualify. See your club director for an application and more information.

TRANSPORTATION is available from your elementary school!

The Boys & Girls Clubs of Greater Conejo Valley is the perfect after school program for your 5th grade child! To sign-up, please call the Club location nearest your child’s school.

★ Locations:

- ☆ Anderson Youth Center ☆ 1980 E. Avenida de las Flores ☆ Thousand Oaks, CA 91362 ☆ (805) 493-2917
picks up from elementary schools: Bridges Charter School, Ladera, Lang Ranch & Weathersfield
- ☆ Johnston Boys & Girls Club ☆ 1450 E. Hillcrest Drive ☆ Thousand Oaks, CA 91362 ☆ (805) 449-1309
picks up from elementary schools: Conejo, Westlake, Westlake Hills & MATES
- ☆ Morton Boys & Girls Club ☆ 2855 Borchard Road ☆ Newbury Park, CA 91320 ☆ (805) 375-5635
picks up from all Newbury Park elementary schools and Sycamore Canyon Middle School
- ☆ Notter Boys & Girls Club ☆ 233 W. Gainsborough Road ☆ Thousand Oaks, CA 91360 ☆ (805) 371-4045
picks up from elementary schools: Acacia, Aspen, Glenwood, Madroña & Wildwood

**SPECIAL
5TH GRADE
OFFER**



Transportation is \$50.00 per month, in addition to the Club's monthly after school fees.

HOW YOU CAN MAKE A DIFFERENCE

Every year over 4,000 members benefit from the life-changing programs and services of the Boys & Girls Clubs of Greater Conejo Valley. You can help support our youth by making a **financial contribution; volunteering your time or talent; or donating your treasures.** To learn how you can make a difference please visit our website, www.bgcconejo.org, or call our Administrative Office at 818-706-0905.

Sports Leagues 2017

Winter & Spring

Winter: Sundays, February 12 – April 2 • Spring: Sundays, April 23 – June 11

Ages 3 - 12 • All Participants Receive Awards, Uniform and Pictures

Call 818-880-2993 for more information

Volunteers Needed: Become a Coach, Assistant Coach or Team Parent

Boys & Girls Clubs of Greater Conejo Valley Youth Sports is about having fun and making friends. This is a low-competitive sports program to help children learn the basic rules, skills, and fundamentals of the sport using a unique “games approach” to instruction.

Jr. NBA Basketball

at Los Cerritos Middle School Gym
2100 E. Avenida de las Flores, Thousand Oaks
Fee: \$120 per participant

Ages	Time
3-4	11:00 am – 12:00 pm
5-6	12:00 pm – 1:30 pm
7-8	1:30 pm – 3:00 pm
9-12	3:00 pm – 4:30 pm

BGC Soccer

at Sumac Elementary School Field
6050 N. Calmfield Avenue, Agoura Hills
Fee: \$120 per participant

Ages	Time
3-4	9:30 am – 10:30 am
5-6	10:30 am – 11:30 am
7-8	10:30 am – 11:30 am
9-12	10:30 am – 11:30 am





Rent Our Clubs

The Boys & Girls Clubs of Greater Conejo Valley offers a variety of indoor spaces to rent for family events, birthday parties, fundraisers and meetings. Based on location, the following rooms are available: Multi-Purpose Room, Games Room, Learning Center/Meeting Room and Teen Center. For availability and information about facility rentals, please contact the phone numbers provided below.

Marion & John E. Anderson Youth Center • (805) 493-2917
located on the campus of Los Cerritos Middle School

Cal & Marje Johnston Boys & Girls Club • (805) 449-1309
located on the campus of Colina Middle School

Rocky & Lon Morton Boys & Girls Club • (805) 375-5635
located on the campus of Sequoia Middle School



PLEASE JOIN US FOR MUD DASH FAMILY FUN RUN

2K FUN (AND A LITTLE MUDDY) OBSTACLE COURSE

APRIL 15, 2017 Redwood Middle School
233 W. Gainsborough Rd., Thousand Oaks

Gates open at 8am • Race starts at 9am
Information: 805.371.4045



REGISTER ONLINE AT www.bgcconejo.org

Winter Session 2017

Middle School Club Program Schedule

TUESDAY, JANUARY 17 – MONDAY, MARCH 13 (8 WEEKS)

ANDERSON YOUTH CENTER

SERVING LOS CERRITOS MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:20 pm	Dance Team	2:30 – Money Matters / Glee Club	Dance Team	Voice Over Acting	Engineering
4:00 pm – 5:00 pm	Power Hour ♦ / Tutoring ★	Power Hour ♦	Power Hour ♦ / Tutoring ★	Power Hour ♦	Guitar Jam
4:20 pm – 5:00 pm	Basketball	Flag Football	Basketball	Dance Team	Gaga Ball
5:00 pm – 5:45 pm	Awesome Art	Photography	Torch Club ♦	Science Explosion	Member's Choice

JOHNSTON CLUB

SERVING COLINA MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:30 pm	Dance Team	Tutoring ★	Tutoring ★	Dance Team / Tutoring ★	Basketball / Sewing ★
4:00 pm – 5:00 pm	Power Hour ♦ / Torch Club ♦	Power Hour ♦ / Incredible Improvisation	Power Hour ♦ / Creative Cooking ★	Power Hour ♦ / Movie Making	Anime Club
4:30 pm – 5:25 pm	Rising Entrepreneurs / Glee Club	BGC Investigates (CSI) / DIY Décor	Glee Club / American Sign Language	SMART Girls	Mural Art / Passport to Manhood
5:00 pm – 5:45 pm	Triple Play Sports & Fitness	Human Gamesroom		Dodgeball	Music Club

MORTON CLUB

SERVING SEQUOIA MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:30 pm	Power Hour ♦ / Musical Theatre Improv	Power Hour ♦ / Tutoring ★ / Dance Team	Power Hour ♦ / Dance Team / Rocketry	Power Hour ♦ / Torch Club ♦	Gymnastics
4:30 pm – 5:30 pm	Creative Cooking ★	3-D Sculpting / Glee Club	Stop Motion Animation	SMART Girls	Jr. Staff / Soccer
5:00 pm – 6:00 pm	Dungeons & Dragons	Photography	Gaming Club	Triple Play Sports & Fitness	Sewing ★
6:00 pm – 7:30 pm	Broadway Show Choir		Broadway Show Choir		

NOTTER CLUB

SERVING REDWOOD MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:30 pm	Power Hour ♦	Power Hour ♦	Power Hour ♦	Power Hour ♦	American Sign Language
3:30 pm – 4:30 pm	Modeling & Personal Development / DIY Craftworks	Lyricism 101	Stop Motion Animation	Dance Team	Dance Team
3:40 pm – 4:30 pm	Next Step (8th Grade)	Drama Club	Games for Youth	Passport to Manhood	Science Explosion
4:00 pm – 5:00 pm	Photography	Triple Play Sports & Fitness	3-D Sculpting / STOMP	BGC Investigates (CSI)	Torch Club ♦

Classes are offered at **NO ADDITIONAL CHARGE** when Members are enrolled in the Before/After School Monthly Program. Non-Monthly Members are welcome to enroll in these programs on an 'a la carte' (pay as you go) basis.

- ★ These classes have an additional fee for **Monthly and Non-Monthly** Members.
- ♦ Classes can only be attended by **After School Monthly** Members. Cost per class for non-monthly members is \$40 unless otherwise noted.



Spring Session 2017

Middle School Club Program Schedule

MONDAY, MARCH 27 – FRIDAY, MAY 26 (8 WEEKS)

ANDERSON YOUTH CENTER

SERVING LOS CERRITOS MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:20 pm	Dance Team	2:30 – BGC Investigators (CSI) / Drum Circle	Music Club	Movie Making	Club Tech
4:00 pm – 5:00 pm	Power Hour ♦ / Tutoring ★	Power Hour ♦	Power Hour ♦ / Tutoring ★	Power Hour ♦	Guitar Jam
4:20 pm – 5:00 pm	Basketball	Flag Football	Basketball	Dance Team	Gaga Ball
5:00 pm – 5:45 pm	SMART Girls	Career Launch	Torch Club ♦	Passport to Manhood	Member's Choice

JOHNSTON CLUB

SERVING COLINA MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:30 pm	Dance Team	Tutoring ★	Tutoring ★	Tutoring ★	Music Club / Recess Games
4:00 pm – 5:00 pm	Power Hour ♦ / Torch Club ♦	Power Hour ♦ / Drama Club	Power Hour ♦ / Creative Cooking ★	Power Hour ♦ / Drama Club	Awesome Art
4:30 pm – 5:25 pm	Voice Over Acting	DIY STEM	Gardening Club	Photography	Flag Football
5:00 pm – 5:45 pm	Soccer	Jr. Staff	Triple Play Sports & Fitness	Basketball	Free Choice

MORTON CLUB

SERVING SEQUOIA MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:30 pm	Power Hour ♦ / Musical Theatre Improv	Power Hour ♦ / Tutoring ★ / Dance Team	Power Hour ♦ / Dance Team	Power Hour ♦ / Torch Club ♦	Gymnastics
4:30 pm – 5:25 pm	SMART Girls	Edible Healthy Art / Glee Club	Claymation	Robotics	Jr. Staff / Triple Play Sport & Fitness
5:00 pm – 6:00 pm	Gaming Club	Going Green	Sewing ★	High Speed Fun	Member's Choice
6:00 pm – 7:30 pm	Broadway Show Choir		Broadway Show Choir		

NOTTER CLUB

SERVING REDWOOD MIDDLE SCHOOL

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
3:30 pm – 4:30 pm	Power Hour ♦	Power Hour ♦	Power Hour ♦	Power Hour ♦	Stage Make-Up
3:30 pm – 4:30 pm	Stage Combat / Book Club	Brake it Up!	Beatboxing Club	Dance Team	Dance Team
3:40 pm – 4:40 pm	Next Step (8th Grade)	Movie Making	Games for Youth	Music Production	Rocketry
4:00 pm – 5:00 pm	Yearbook	Triple Play Sports & Fitness	Cheerleading (4:30-5:30) / Awesome Art	SMART Girls	Torch Club ♦



Club Program Descriptions

The Arts

The Richard and Mary Carpenter / Alliance for the Arts Music Program

ANIME CLUB Love everything Anime? Come share your passion while learning about the characters and history of Anime and analyzing the development of the genre!

AWESOME ART Unleash your inner artist! In this course we will study the fundamentals of line drawing, perspective, color, and texture.

BEATBOXING CLUB This unique class will bring out the music in you. Beatboxing is a form of vocal percussion primarily involving the art of mimicking drum machines using one's mouth, lips, tongue and voice. Create new and funky music in this class.

BRAKE IT UP! Kids will learn different types of dance and will use their new found skills to have a dance battle each week.

BROADWAY SHOW CHOIR Are you a triple-threat actor, singer, and dancer? Try out for Broadway Show Choir! This class is for dedicated performers who want to advance their skills and showcase their talents at our prestigious events. This class is audition only, and is offered year-round.

CLAYMATION Clay animation is one of many forms of stop motion animation. In this fun, interactive class members will create short films using clay and an iPad.

DANCE TEAM This class is a fun, high energy experience that will teach you various Hip Hop styles and moves including a variety of dance combinations. Our experienced instructors create a fun environment that helps participants develop basic dancing skills.

DIY CRAFTWORKS This creative class will open students up to new ideas of making something simple into a fun activity. We will be able to use everyday supplies and convert them to inventive projects.

DIY DÉCOR Pinterest-lovers and anyone with a flair for the creative, this activity is for you! Make several unique projects like recycled vase painting, furniture refinishing, frame décor and more!

DRAMA CLUB Do you like to perform? This class introduces improvisation and ensemble acting skills through participatory activities and individual character development. Students will gain confidence, speaking skills and self-esteem by learning how to perform in front of a live audience. Sessions will end with a performance.

Class Fee: \$80.00 for Non-Monthly Members

DRUM CIRCLE Do you want to explore the world of rhythm? Come to our drum circle class! We have a variety of drums to try out and you can learn how to make awesome free-form music right in the moment. No experience necessary.

EDIBLE HEALTHY ART Do you enjoy art? Do you like healthy snacks? Join this fun class that combines the two.

GLEE CLUB Come be a part of Glee Club and be a star singer. This experience provides students with the opportunity to learn music theory, advance their vocal skills, and participate in performances.

GUITAR JAM Have you ever wondered if you could play the guitar? Learn the FUNdamentals and diverse styles of the guitar. You will be strumming and making music in no time.

INCREDIBLE IMPROVISATION This class is all about being in the moment and learning what it takes to have sharp wits! In this class students will learn to react to what's going on in their immediate environment and build skills to communicate quickly and confidently.

LYRICISM 101 This program will provide an opportunity for Club members to explore hip hop as an art form, as well as engaging in critical literacy and creative writing. Lyricism will build self-esteem and confidence, while celebrating the diverse identities of our members.

MOVIE MAKING The class will be focused on learning screenwriting techniques, how to act in front of a camera, how to capture and edit sound, and how to use music to reinforce dramatic action. The class will also include movie editing techniques, directing, set construction, and lighting.

MUSICAL THEATRE IMPROV Musical theatre improv is a fully active and immersive class. Members interested in singing, acting and dancing should sign up.



Club Program Descriptions

MUSIC CLUB Ever wanted an opportunity to play the guitar, bass, drums, or keyboard? Now's your chance to give them a try! The Boys & Girls Club is offering a dedicated time each week for you to come check out our music room, try our instruments, and get some tips on how to be a rock star from a seasoned musician.

MUSIC PRODUCTION All of your favorite songs need amazing music producers to make their awesome beats. Music production is the backbone of progressive music. Learn how an iPad is capable of teaching us our fundamentals as well as making songs. No instrumental experience is necessary for this user friendly class.

MURAL ART Unleash your inner artist! Help create amazing murals to decorate the Club. Members will work together as a team to design and paint the interior hallways, making a lasting mark on the Club.

PHOTOGRAPHY Learn the basics of digital photography. This beginning photography course will teach how to produce better pictures with lighting and perspective techniques. You will also learn basic photo editing such as cropping and adjusting color and light.

STAGE COMBAT Have you ever wondered how movies and plays have such awesome fight scenes and no one gets hurt? Come learn to be a stellar stuntman in our stage combat classes.

STAGE MAKE-UP Have you ever wondered how movies and plays have such awesome fight scenes and no one gets hurt? Come learn to be a stellar stuntman in our stage combat classes.

STOMP! In STOMP! You will discover that you can make music out of anything. Make the world your instrument.

STOP MOTION ANIMATION Students will learn how to create short animated films using imovie and imovie editor. Basic principles like lighting, scripting, and editing will be taught in this class.

THREE-DIMENSIONAL SCULPTING This beginning course will explore different 3-D medias including clay, wire, wood and recyclables. Come let your creativity soar!

VOICE OVER ACTING Learn voice animation like the pros in cartoons and videos! In this class, you will be taught all about voice-overs and how to use high-tech equipment and technology to portray your favorite animated characters.

Health & Life Skills

CREATIVE COOKING Learn simple cooking techniques using basic kitchen appliances. This is a great class for the young chef who loves to cook! The best part...participants get to eat what they make!

Class Fee: \$25.00 for Before/After School Members

\$40.00 for Non-Monthly Members

MODELING & PERSONAL DEVELOPMENT This is a course that aims to introduce students to the basics of the modeling world including runway, posing, etiquette, and if possible, natural makeup application (requires the purchase of basic makeup kits, available for \$10/kit/person.) A strong emphasis is also placed on transferable life skills such as goal setting, confidence building, poise, communication and speech.

NEXT STEP (Transition into High School Program) Members who will be entering High School in the following year will have an opportunity to discuss any worries they have about their next step amongst their peers in a positive environment.

SEWING ★ Want to learn to sew? Sewing instruction is fun and easy with our sewing class. Members will learn how to use a needle, thread and the basics of sewing on a machine.

Class Fee: \$25.00 for Before/After School Members

\$40.00 for Non-Monthly Members

SMART GIRLS This is a health, fitness, prevention/education and self-esteem enhancement program for girls. The popular program is designed to encourage healthy attitudes and lifestyles that will enable early adolescent girls to develop to their fullest potential.

PASSPORT TO MANHOOD Passport to Manhood promotes and teaches responsibility while reinforcing positive behavior in male Club members.

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Cost per class for non-monthly members is \$40.00 unless otherwise noted



Club Program Descriptions

Character & Leadership Development

JR. STAFF Members have an opportunity to gain valuable work experience and demonstrate a sense of responsibility as a Junior Staff member. In our Clubs, Junior Staff serve as role models to younger members as they assist full-time professional staff in a variety of program areas and at the front desk.

TORCH CLUB ♦ This small-group leadership development program is targeted to building future leaders. Members elect officers and plan and implement their own activities and community service projects.

Education & Career Development

AMERICAN SIGN LANGUAGE (ASL) Have fun while learning the basics of sign language. Learn finger spelling, vocabulary and sentences.

BGC INVESTIGATES! (CSI) Have you ever wanted to solve crimes and become a scientist? Then this is the class for you! This class will allow members to explore forensic science as they do their own crime scene investigations.

BOOK CLUB Book Club will embark upon a journey of a book that the group chooses together. This eight week program will consist of reading, responding, predicting and creating projects based on the book's characters and theme. Join the journey of the Book Club.

CLUB TECH This class will develop club members' proficiency with word processing, spreadsheet, and other productivity software through fun, hands-on, engaging lessons and projects.

CAREER LAUNCH This program offers fun and interactive activities for youth to explore a broad range of career areas, match their interest to career clusters and identify the skills and education needed for their particular career path. Career Launch is designed to support youth in preparing for their first job, internships, summer employment and so much more!

DIY STEM This class is a hands-on, activity-based STEM curriculum which connects youth to science themes they encounter regularly. Special attention is paid to connections of theory and application and the common interactions members have with these scientific principles.

ENGINEERING In this class members will learn the basics of both architectural engineering and electrical engineering. They will learn about technology ranging from catapults, to light bulbs, to computers.

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- ♦ Classes can only be attended by After School Monthly Members.
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GARDENING CLUB The BGC Garden Club gives members the opportunity to grow their foundation of gardening knowledge. We will be cultivating and learning the gardening cycle as well as sharing the harvest with the members.

GOING GREEN Are you interested in the effects of recycling? Have you ever wanted to gain a better understanding of your environmental footprint? Join our Going Green program where you will learn easy techniques you can use to reduce energy consumption at home. You will also research and discuss Green companies. The conversations, experiments and projects are endless with the Going Green course.

POWER HOUR (Making Minutes Count) ♦ A comprehensive homework help and tutoring program, designed to raise the academic proficiency of Club members. Power Hour is offered Monday through Thursday at all Clubs.

MONEY MATTERS Money Matters promotes financial responsibility and independence among Club members ages 13-18 by building their basic money management skills. Participants learn how to manage a checking account, budget, save and invest. They also learn about starting small businesses and paying for college.

RIISING ENTREPRENEURS Have you ever wondered why companies like Apple and Amazon are so successful? Are you interested in learning what it takes to start a business? Our Rising Entrepreneurs program provides students with a unique opportunity to step in the role of an entrepreneur, an individual who organizes a business. Students will first learn about the concept of entrepreneurship and how entrepreneurs become successful. They will leave the program with a product or service that they can promote and pitch.

ROCKETRY Model rocketry is the perfect enrichment program. It is loaded with science, engineering, and more, plus it's fun! Building model rockets requires patience and concentration among many other skills.

ROBOTICS Science, Technology, Engineering and Math activities come together with this exciting robotics program. Robots are the future of many cutting edge careers. Join this class and learn how to design and build robots.

SCIENCE EXPLOSION The kids will have a **BLAST!** Conduct simple scientific experiments with objects found in and around the house. Fun projects include lemon juice rockets, creating your own flashlight, producing invisible ink, and more!

TUTORING ★ This popular class focuses on all subjects. Members will be instructed in small group settings.
Class Fee: \$40.00 for Before/After School Members
\$80.00 for Non-Monthly Members

YEARBOOK In this course members will be able to take pictures and record club memories and events and put them all together into an amazing yearbook. Participants will gain useful real world skills in time management, marketing, teamwork, and design principles.

Club Program Descriptions

Sports, Fitness & Recreation

BASKETBALL Instruction will focus on improving skills such as shooting, rebounding, passing, dribbling, conditioning and team work. Members will finish with greater self-confidence and appreciation of the game.

CHEERLEADING Cheer provides an upbringing of energy and spirit through movements of dance, tumbling, jumps and more. Try this energetic class full of fun and routines.

DODGEBALL "Ready, Set, DODGEBALL!" Each week will be skills training on dodging, throwing and catching balls. Participate in dodgeball games against other member-filled teams.

DUNGEONS & DRAGONS D&D or Quest as we call it, is a role playing game where members play as characters that they choose while working as a team to reach a common goal.

FLAG FOOTBALL This program is designed with the basics: passing, receiving, running with the ball, blocking and defense. Participants will be provided with fun opportunities to exercise their newly acquired skills.

GAGA BALL Members will learn about the sport gaga ball. This game of endurance is a variation of dodge ball and includes skills such as dodging and throwing.

GAMES FOR YOUTH This activity includes board games, on the spot fun, high yield activities, and academic research. This will go on during power hour as an option when members have no homework.

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- ◆ Classes can only be attended by After School Monthly Members.
Cost per class for non-monthly members is \$40.00 unless otherwise noted

GAMING CLUB Gaming Club is a fun way for members to get the chance to play video games. Members will participate in 30 minutes of physical activities, these activities focus on building up member's fundamental skills and encourages them to participate in sports and physical fitness. Members are then rewarded by having exclusive access to our video games room for 30 minutes.

GYMNASTICS Learn the basics of tumbling and progress to intermediate skills. Cartwheels, walkovers, front and back handsprings are some of the skills taught during this class. Session ends with a tumbling class at the California Cartwheel Center.

HIGH SPEED FUN This class is filled with high-yield activities that are fast and fun. Our goal is to create bonds between the members while engaging in physical fitness and academic success.

HUMAN GAMESROOM Come play human foosball, giant indoor soccer, Pac Man Tag and more in this lively way to stay fit!

KICKBALL This popular playground game teaches members fitness and teamwork skills while developing coordination and dexterity.

RECESS GAMES Miss those lively elementary school recess activities? Join our Recess Games to rule the handball or four square court, capture the flag or steal that bacon! This program is designed for those who can't wait to get back on the playground!

SOCCER Soccer is a fun and exciting way for you to learn cooperation while staying fit. You can learn the basic rules and plays that make soccer so popular worldwide. Build bonds with other members as you learn to become a team player in this great sport.

TRIPLE PLAY SPORTS & FITNESS Triple Play is a dynamic wellness program that demonstrates how eating right, keeping fit and forming positive relationships add up to a healthy lifestyle.





Boys & Girls Clubs of Greater Conejo Valley

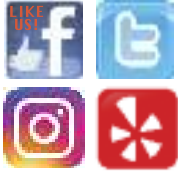
30343 Canwood Street #200
Agoura Hills, CA 91301

Administration: (818) 706-0905

Tax ID# 91-2151731

www.bgccconejo.org

BOYS & GIRLS CLUBS
OF GREATER CONEJO VALLEY



#BGCConejo

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ORGANIZATION
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Thousand Oaks, CA
Permit 982

WHAT DO YOUR KIDS DO AFTER SCHOOL? Join the Boys & Girls Club

Come to the Club Daily or Sign up for a Single Enrichment Program!!

WE OFFER: Tutoring ★ Music ★ Robotics ★ Art ★ Science ★ Cooking ★ Drama ★ Sports ★ Dance Team ★ FUN!



Save the Date!

- ★ **TRANSPORTATION SIGN UPS BEGIN** ☆ February 1, 2017
- ★ **SUMMER CAMP SIGN UPS** ☆ March 1, 2017
- ★ **CALIFORNIA JAZZ & WINE FEST** ☆ April 9, 2017
- ★ **BGC MUD DASH FAMILY FUN RUN** ☆ April 15, 2017
- ★ **SUPERSTARS OF THE YEAR** ☆ March 19, 2017
- ★ **SPRING BREAK CAMP** ☆ April 10-14, 2017
- ★ **8TH ANNUAL GOLF CLASSIC** ☆ June 12, 2017

THANK YOU TO OUR GENEROUS MAJOR CORPORATE SPONSORS AND FOUNDATIONS

These caring Partners have found innovative ways to help America's young people reach their full potential.



Harriet H. Samuelsson Foundation ★ Wood-Claeyssens Foundation

For information about any of our programs visit our website, www.bgccconejo.org.