



BOYS & GIRLS CLUBS
OF GREATER CONEJO VALLEY

SPORTS PROGRAM HANDBOOK

Dear Boys & Girls Clubs of Greater Conejo Valley Families,

Welcome to BGC Youth Sports Program at the Boys & Girls Clubs of Greater Conejo Valley. If this is your first season with us, we would like to say a big BGC hello and welcome to our program. Welcome back to all of our returning families and thank you for continuing to support our programs.

BGC Youth Sports Program is an instructional program that assists in teaching participants the basics of the games while allowing them to make new friends, develop and improve their skills.

Special reminders, that you are a spectator watching your child (ren) learns and enjoy the sport program. Remember that our coaches and referees are volunteers doing their best to make sure all our participants have the best experience possible. Please do not pressure or criticize the staff, volunteers child(ren). We do ask that you continue to encourage them throughout the season to do their best, cooperate, learn and most importantly have fun. We welcome any spectators that wish to come out and volunteer their time to assist us in improving the program. We are so glad you are here to help make the experience a supportive one for your child(ren). Please do not hesitate to let us know your concerns/feedback.

We look forward to your participation in our program this season.

**Sincerely,
Jim Kirtley
Sports Director
Boys & Girls Clubs of Greater Conejo Valley**

**Boys & Girls Clubs of Greater Conejo Valley
233 W Gainsborough Rd
Thousand Oaks, CA 91360
805-371-4045**

PLAYERS:

Our motto at the BGC is; it's for everybody!

Everyone on each team will play and **everyone** will play an equal amount of time. Coaches use their discretion as to how to ensure the playing time. The intent is to provide all participants equal playing time regardless of skill level or experience. It is the role of the coach to help ensure that every child plays and has a positive experience.

COACHES AND SPECTATORS:

Volunteer Coaches: All coaches are volunteering their time to make this a great experience. We try and select coaches who are knowledgeable in skills we are trying to teach.

- If you have or are interested in being a coach or have a concern about a coach please notify the Sports Director immediately @ 805-371-4045
- Please cooperate with the Youth Sports staff in creating and maintaining an environment in which each participant may have fun, learn the game and be a good sport.
- Coaches agree to support and influence good sportsmanship, high moral standards and area responsible for the conduct of their players and spectators. This includes, but is not limited to, Unsportsmanlike disagreements with officials or insubordinate acts against supervisory staff.
- The Boys & Girls Clubs of Greater Conejo Valley staff reserves the right and WILL send home anyone (this includes coaches, players, spectators) who are in violation of the rules and regulations set by the program for the health, safety, and welfare of all participants.

SPECTATORS CODE OF CONDUCT:

As a spectator, we hope to provide a fun and rewarding experience for you and your child. In order to achieve our goal we ask that you adhere to the following criteria:

1. Applaud good plays by your own team AND the opposing team.
2. Never ridicule or scold a child for making a mistake during a game or practice.
3. Encourage players to always play according to the rules.
4. **HAVE FUN!** Make it enjoyable for you and your child.
5. As a parent you are not allowed to approach the coach and team's bench during a game. If you have a comment for the coach please wait until after the games are over to speak with the coach. If the coach feels you are being (Unnecessary) direct you and your complaint to the Sports Director on site.

PARENT INVOLVEMENT

As a parent or guardian of our leagues we want you to know we appreciate your help and leadership. We suggest you get involved on your child's team to make the experience more enjoyable for them. Whether it is snack, water, fruit or high fives the kids do appreciate you being there!

All parents must be on site with their children as part of our BGC policy.

BASKETBALL GUIDELINES

Time is running

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There are no overtime periods. All ties are final.

All divisions play (4) 8 minute halves.

5 minutes between halves (if time permits)

Each team will have 2 timeouts per half.

Timeouts may be called by the coach of the offensive team while the ball is in play.

Coaches may call a timeout during a dead ball situation.

SOCCER GUIDELINES

One 30 minute game

Water breaks and Subs are done at the Coaches discretion

Coaches in the 3-6 year old divisions maybe on the field

Coaches act as referees in all divisions

JEWELRY

No jewelry (which includes: dangling earrings, necklaces, bracelets, watches, etc.) shall be worn during games. This is to help ensure the safety of all participants.

FOOD/SNACKS

Healthy Snacks should be provided for teams by team parents. We ask that you please throw your trash in the designated areas in order to help keep the school clean.

REMEMBER TO HAVE FUN!